

# START YOUR OWN RESEARCH PROJECT

My goal with this book was to give readers a general overview of a less-well-known part of the history of nursing. I began with the title *The Story of Britain's Black Nurses*.

First, I had to think: What is nursing and what type of nursing history should I include in this small book?

Secondly, I had to think about who should be included in a history of Britain's Black nurses?

I read books and articles, watched documentaries and online talks, and I contacted archives. I also spoke to many people about my project by email, in-person or by phone. I asked for their help. Nearly everyone said yes! They gave me information to follow up, for example book recommendations, suggestions and points to consider.

One of the most exciting things about doing this research is trying to be a detective. Sometimes information is wrong, sometimes people don't recall events correctly and sometimes 'leads' can take you down the wrong path! It's hard but it is exciting and rewarding to work on separating fact from fiction.

**Can you come up with your own research project? Think about a topic you would like to start with, then narrow down what needs to be included. Perhaps you could research one of the nurses from K.N. Chimbiri's book? Make sure to document your sources of information. Enjoy researching and finding out more about your chosen topic!**

