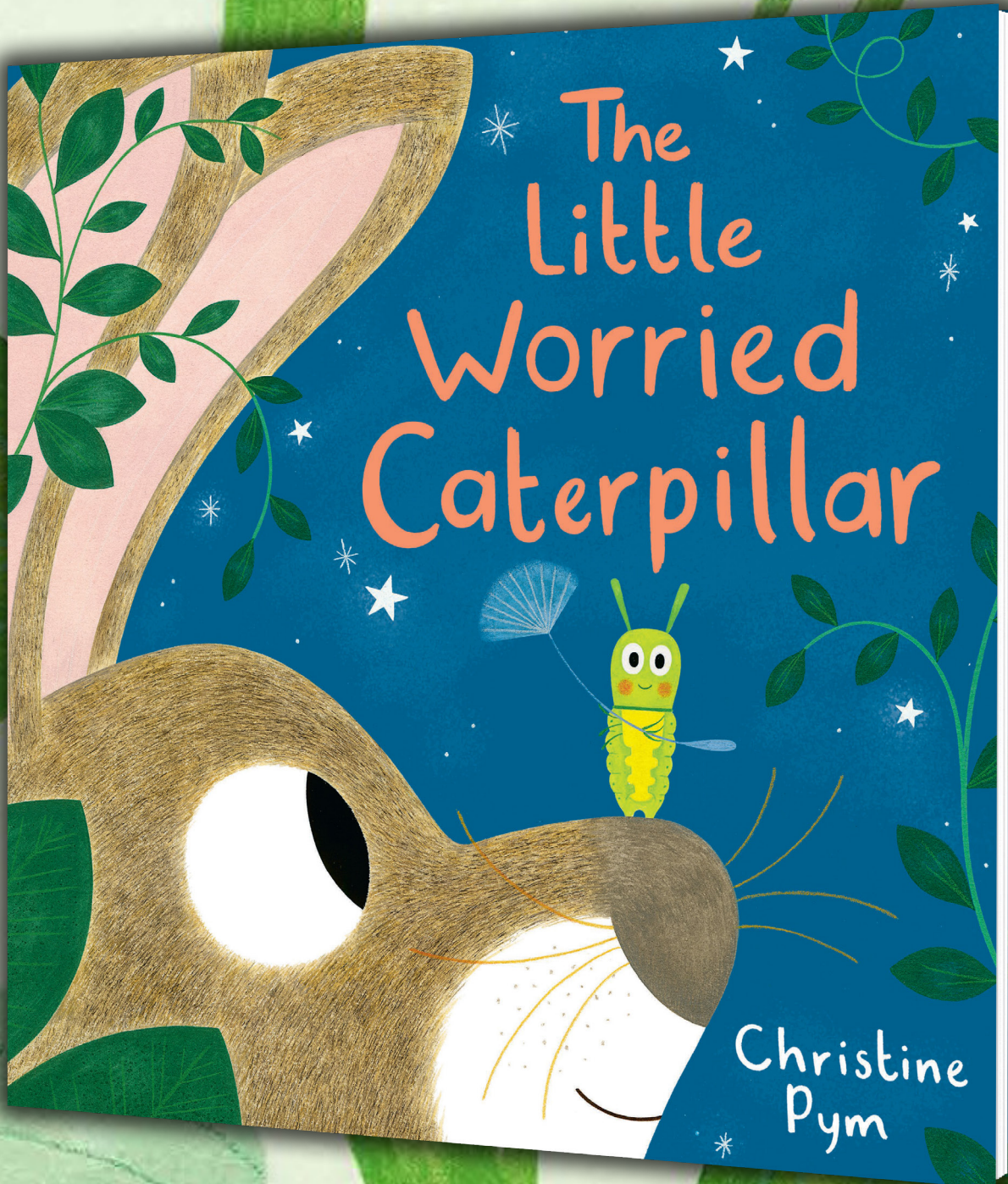


The Little Worried Caterpillar

Activity Pack



 SCHOLASTIC

Illustrations © Christine Pym, 2024

In the story, Little Green is worried about going through a big change.
Are you going through a big change?
Use the space below to write down some of the things you are worried
about.

“It’s scary,” Green sighed, “I have not changed before!
I’m worried I won’t feel like me anymore.”



Little Green speaks to a friend in the story and tells them about her worries. Now that you've written down your worries, why not write down what you're excited about?

Think about all the fun things you will do and experience.



**“All of a sudden, Green relaxed, she felt good,
Her worries were out and a friend understood.”**

Doing an activity like drawing or colouring can be great to take your mind off your worries.
Colour in Butterfly Green from the story below!

