

Draw Your Own Henna Patterns

Henna is a natural reddish-brown dye that people use to decorate their hands and feet, and also sometimes to dye their hair. In Urdu and Hindi, it is called mehndi.

You can make many intricate patterns using henna, and the design will last for around a week on skin.

Henna goes on wet, and you have to leave it to dry completely before scraping it off. The longer you leave it, the darker the pattern will be. If you've got wet henna on your hands and feet, be careful not to touch anything, as you'll leave behind reddish-brown marks!

TOP TIP:

Here is an example of a henna design. Colour it in and then use it as inspiration to create your own design on the blank hand opposite.

