

COME	VICTO W	_'S SUPER AL PARTY!	
KID NORMAL CREG JAMES & CHRUS SMITH	Date: Time: Venue: RSVP:		
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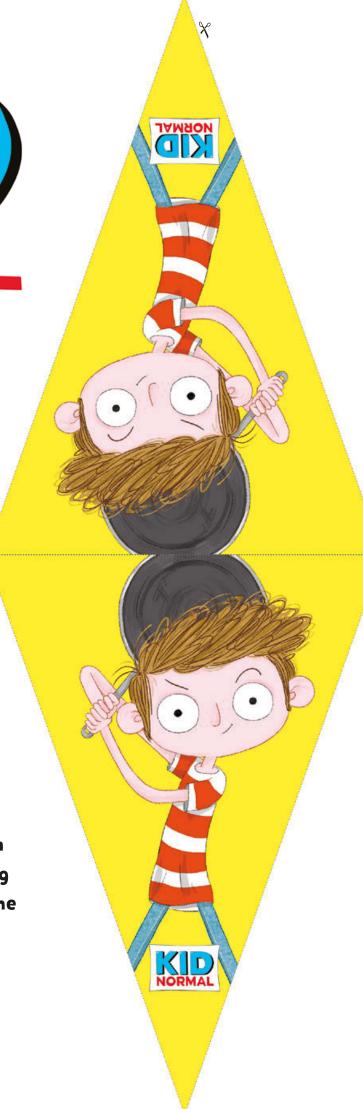


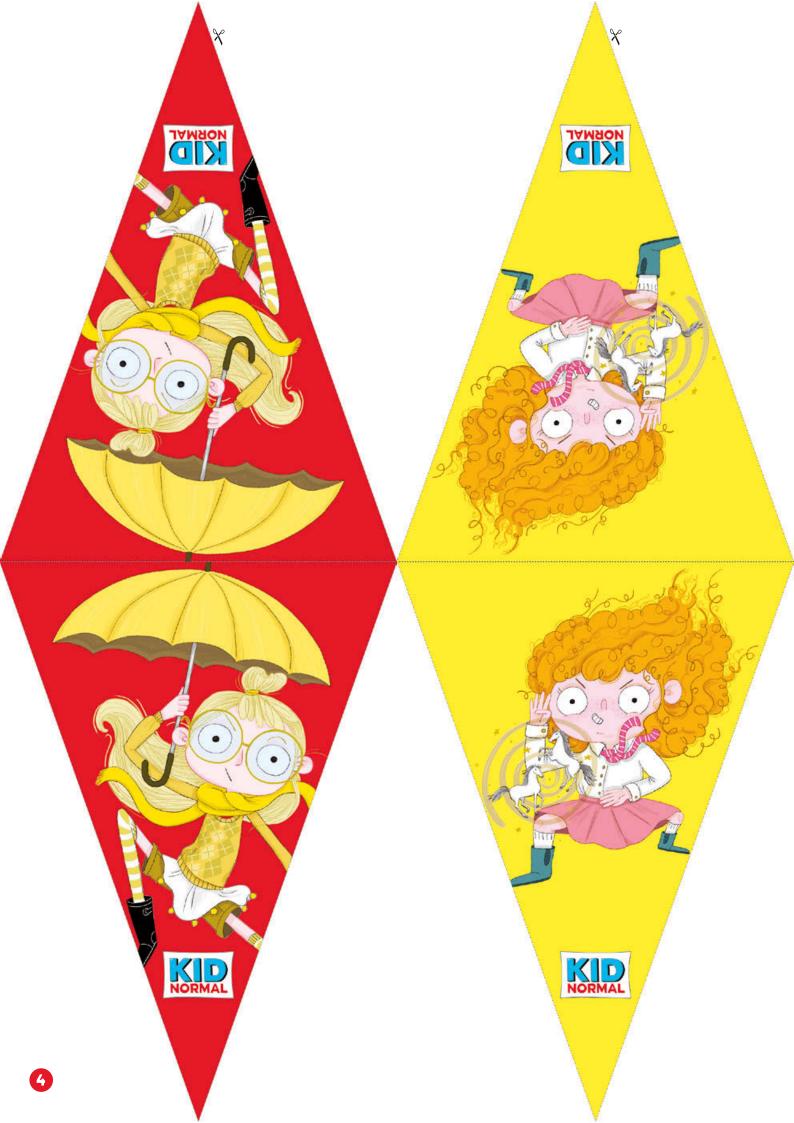
YOU WILL NEED:

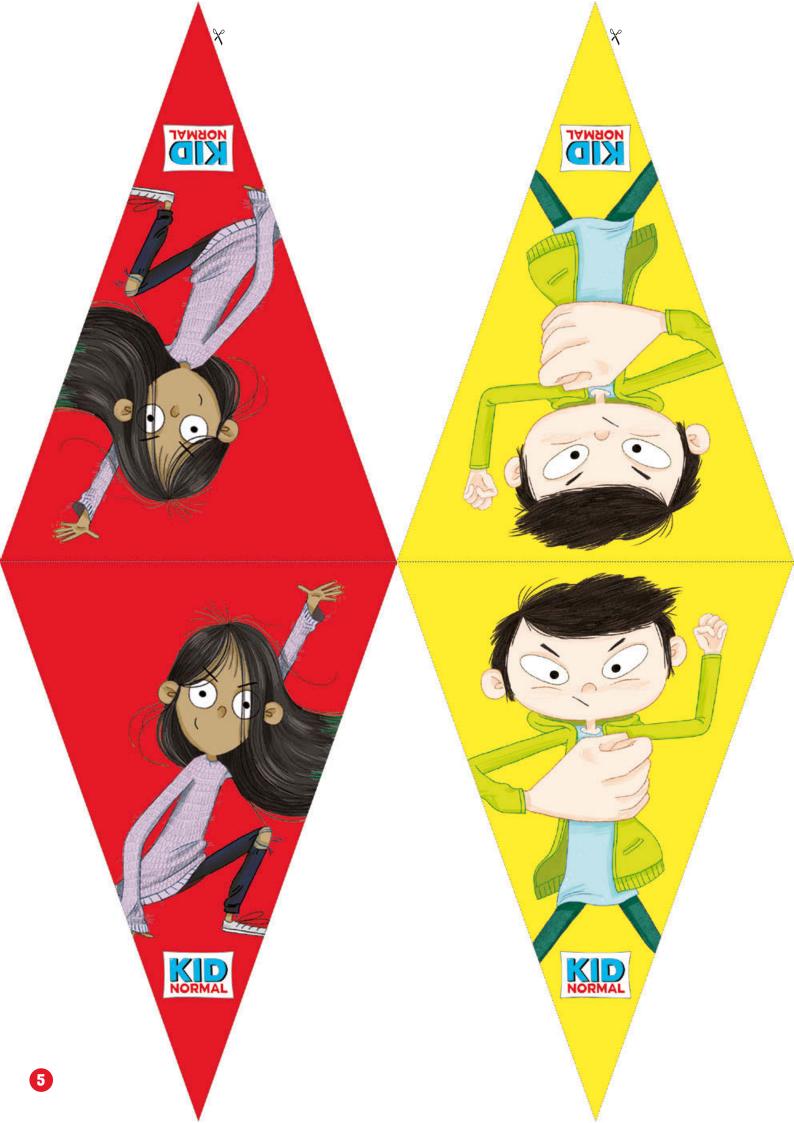
- Lots of copies of these bunting shapes
- String or ribbon to attach the bunting to
- Glue

INSTRUCTIONS:

- o Cut out the bunting shape
- o Fold the bunting shape in half to make a double-sided triangle, then place this over the length of string or ribbon and glue the points of the triangle together
- o Repeat until you have a length of bunting, and then use to decorate your NORMAL party!







NORMAL PARTY GAMES

SUPERHERO TRAINING

Set up several superhero training stations to test your guests' superhero skills! This could include obstacle courses, relay races, throwing challenges and target practice. Just go easier on the kids than Mr Flash ...

SOLVE THE MYSTERY

Draw a map of your event space with 'stolen treasure' marked with an X. Make sure you hide some treasure where the X is! Cut the map up into pieces and hide the pieces around the party venue. Divide the children into Super Zero teams and have each team look for pieces of the map. Once all the pieces have been found, teams will be able to band together, find the stolen treasure and save the day!

CRAFT ACTIVITY

Get the kids to create their own KID NORMAL superhero ID badge using the template on page 7.

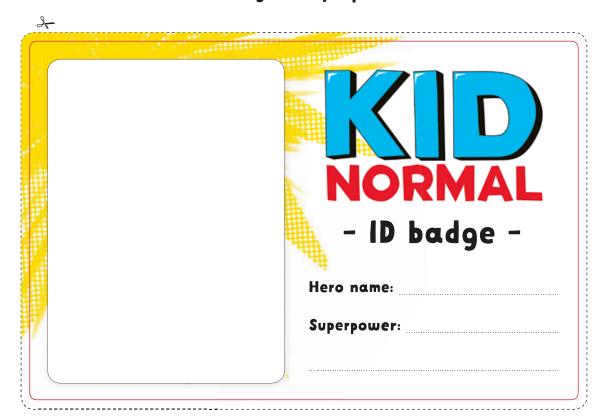
SUPERHERO 'SIMON SAYS'

Play the classic party game 'Simon Says' with a twist! Change the name to 'Murph Says' and ask the children to act out various superhero stances, for example flight, ice blast or heat beams.

NORMAL ID BADGE

Create your own superhero ID badge using the template below.

- o Draw yourself as your superhero alter ego
 - o Give yourself a superhero name
 - List your superpower





DRESS UP AS MURPH

YOU WILL NEED:

- · A white t-shirt
- Cardboard
- Red fabric paint or red acrylic paint
- · A thick paintbrush
- Masking tape
- Scissors
- · A pair of jeans





INSTRUCTIONS FOR THE T-SHIRT:

- Fit the t-shirt over a piece of cardboard so that it is flat.
 - Use the masking tape to mark out the areas you would like to paint red all the way around the t-shirt. Make sure that the stripes are evenly spaced.
 - Use the red paint to fill in the red stripes on the front of the t-shirt, painting right up to and over the masking tape to make sure you get a nice, crisp line. Leave to dry.
 - Once dry, turn over and continue to paint the stripes on the back of the t-shirt. Leave to dry.
 - When completely dry, peel off the masking tape to reveal your Kid Normal t-shirt! Be sure to follow the instructions on the fabric paint to 'fix' the colours.

Watch the How To video at kidnormal.com!







DRESS UP AS MARY

YOU WILL NEED:

- Yellow clothes, preferably a yellow jumper, white skirt, yellow tights or socks and a yellow scarf
- A yellow umbrella
- Downloadable glasses template
- Sticky tape
- Scissors
- Pencil
- · Card



INSTRUCTIONS FOR THE GLASSES:

- · Print out the below glasses template on to paper.
 - · Carefully cut along the black lines.
 - · Place the paper glasses on to card and cut these out.
 - Fold along the two dotted lines and use sticky tape to affix the glasses arms to the main glasses frame.

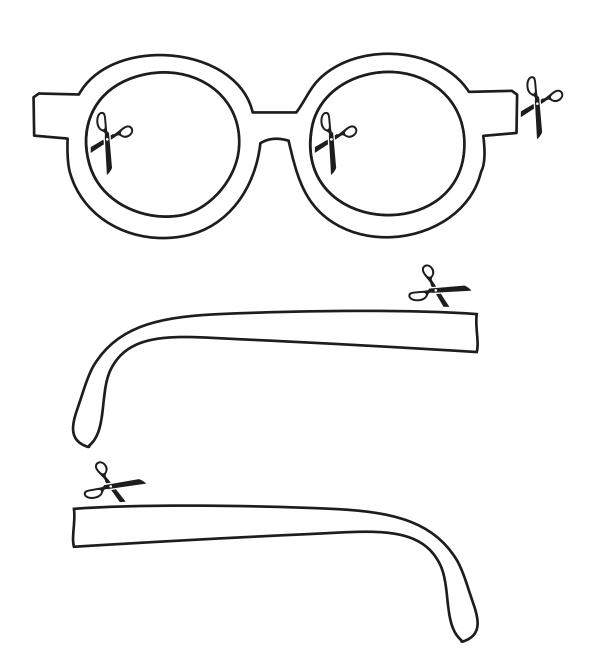
Watch the How To video at kidnormal.com!







MARY'S GLASSES TEMPLATE







DRESS UP AS BILLY

YOU WILL NEED:

- · A green hooded top
- Jeans
- Inflated hand template
- Card
- Two pieces of elastic
- Sticky tape
- · Scissors
- Glue





INSTRUCTIONS FOR THE INFLATED HAND:

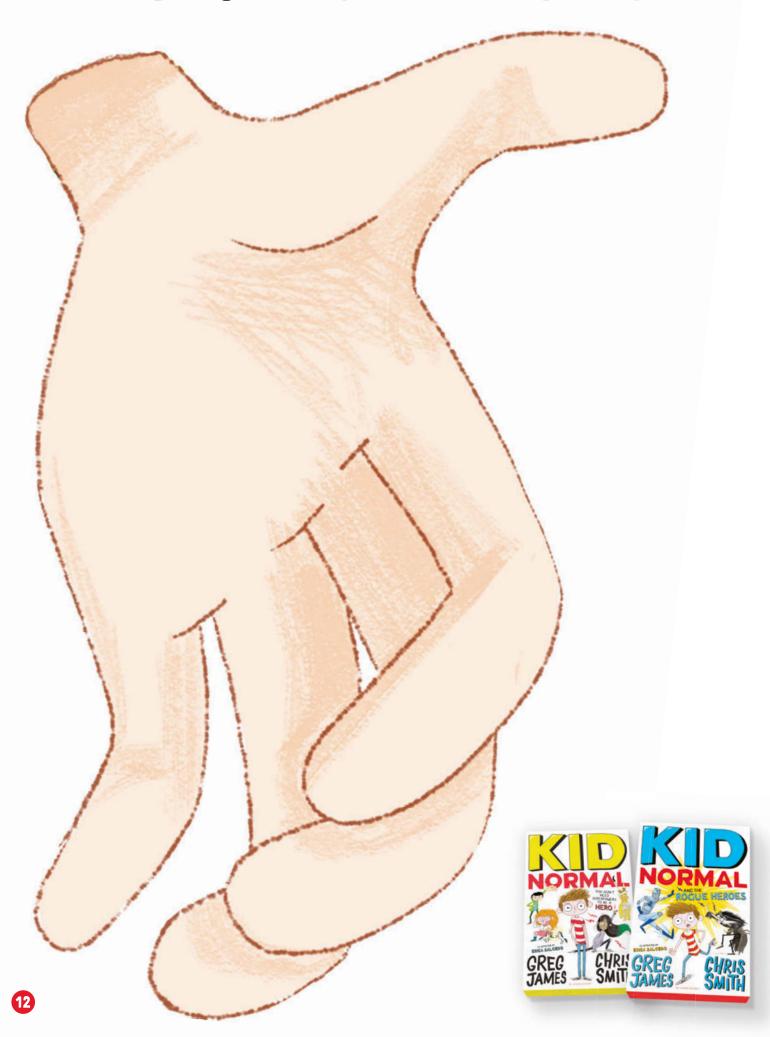
- Print out the inflated hand template on to A3 paper.
- Stick this on to a piece of thick card and cut around it.
- Turn the hand over and stick two elastic bands to the back, one where your wrist will sit and one to sit where your fingers meet your hand.
- Slip your hand through both elastic bands to use your giant Billy hand!

Watch the How To video at kidnormal.com!





BILLY'S HAND TEMPLATE



DRESS UP AS NELLIE

YOU WILL NEED:

- Long black hair or a long black wig
- · Green hairspray
- · A baggy jumper
- · Ripped jeans
- Your best superhero stance!
- A towel





INSTRUCTIONS FOR THE HAIR:

- · Put on the long black wig, if you're using one.
- Put a towel around your shoulders to protect your clothes.
- Use the green hairspray as instructed on the can to spray the tips of your hair green.

Watch the How To video at kidnormal.com!





DRESS UP AS HILDA

YOU WILL NEED:

- · A white shirt
- · A pink skirt
- · A pink tie
- Knee socks
- Tiny horse template
- · Card
- Scissors
- · Ribbon/string
- Hole punch
- Glue





INSTRUCTIONS FOR THE TINY HORSES:

- · Print out the tiny horse template on to paper.
 - Stick the paper on to a piece of thick card and cut around it.
 - Punch two holes in the top of the card, and feed your ribbon/string through these holes to make a necklace.

Watch the How To video at kidnormal.com!





HILDA'S TINY HORSES TEMPLATE





